

Brookside Charter School Recess Guidelines

Cold Weather Guidelines

Temperature/Wind Chill

32 degrees Fahrenheit and greater

30-32 degrees Fahrenheit

30 degrees Fahrenheit and below

Recommendation

Regular outdoor play

10- 15 min outdoor play

No outdoor play

In winter children need to have appropriate outerwear: winter coat, hat, shoes, and gloves.

Warm Weather Guidelines

Heat Index/Air Quality

90-95 degrees fahrenheit

96 degrees fahrenheit or greater

151 to 200 air quality index

201 or greater air quality

Recommendation

Regular outdoor play

No outdoor play

No outdoor play

No outdoor or gym

RED BREATHING DAY- INDOOR

RECESS