Counseling Resources

Catholic Charities
850 Main Street
Kansas City, MO 64105
816.221.4377
Income Based. (If referred by Cath. Church 6 free sessions)

Community Counseling and Assessment Services (CCAS) UMKC
615 E 52nd St., Suite 212
Kansas City, MO 64110
816.235.2725
*Masters and Doctoral level students that are supervised complete counseling
* Do not accept insurance but use sliding scale (appt cost can range from $5 to $50)
*individual, couples, and family counseling

Comprehensive Mental Health Services
17844 E. 23rd Street
Independence, Missouri 64057
816.254.3652
*counseling/psychiatry
*Eastern Jackson Co. only
*Medicare, Medicaid
*Appointment Only

Kansas City CARE Clinic
3515 Broadway
Kansas City, MO 64111
816.753.5144
*ages 18-64
*Serves Un/underinsured

Family Conservancy
444 Minnesota Ave, Suite 200
Kansas City, KS 66101
913.342.1110—Scheduling Line
*Families, couples, indiv., children counseling
*Serves Metro Area
*Reduced Fees Based on Income

ReDiscover
Kansas City, Missouri
3211 Woodland
Kansas City, MO 64109
816.931.6500

South Kansas City, MO
6801 E. 117th Street
Kansas City, MO 64134
816.966.0903

Fearon Building, Lee’s Summit, MO
901 NE Independence Ave.
Lee’s Summit, MO 64086
816.246.8000
Individual & group counseling
Psychiatric evaluations and medication management, as needed
-Case management
-Family counseling
-Monday - Friday, by appointment
-Medicare, Medicaid and most insurance plans accepted
-Fees based on ability to pay
-May need to contact 816.966.0900 to get initial appt

Suicide Outreach Prevention Program
Must be referred by SW/CM
Jackson/Clay Co./10-24 years old
Contact: Kristie Olson 816-247-3052

Samuel U. Rodgers Health Center
825 Euclid Ave.
Kansas City, MO 64124
Phone: 816.474.4920
*Not currently accepting patients as of 9/14/15
*No walk-ins
*Entire KC Metro
*Accepts Medicare, Missouri Medicaid and all MO HealthNet plans.
*Offer a fee discount based on household income

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Swope parkway Behavioral Health
3801 Blue Parkway
Building B, 2nd Floor
Swope Park Central
Kansas City, MO 64130
816.923.5800 x6275
1.888.279.8188 Crisis Line
*Allows Walk-Ins (Hours from 8-4)—for evaluations
*Only serves Jackson Co., 39-75th Sts., State Line to I-435
*Counseling/medication, clinic/pharmacy

Tri-County
3100 NE 83rd St, Ste. 1001
Kansas City, MO 64119
816.468.0400
1.888.279.8188 24 hour Crisis Line
Must walk-in from 8:30a-2p; You will see an intake counselor and then will set up private appt.
*Serves Clay, Platte, Ray Counties
*Counseling/Psychiatry
*Medicare, Medicaid, some private insurance

Truman Behavioral Health
300 W 19th Terrace
Kansas City, Mo 64108
816.404.5700
Walk-Ins Welcome (M-W from 9:30-11a and 1-2p)
Serves KC S of River and 39th St.
*Counseling/medication clinic
*Medicaid, private insurance

Operation Breakthrough
3039 Troost
Kansas City MO 64109
*Must have child in their care to qualify

Pathways
1.888.403.1071
Call to get specific information
Closest counties served: Carol, Lafayette, Cass, Johnson (Some in Jackson may qualify)
Sliding scale, Medicaid, Medicare, some private insurance carriers.

Mattie Rhodes Center
816.471.2536 (Westside)
Or Merriam 816-581-5601 (direct line)
1740 Jefferson
Kansas City, MO 64108
816.241.3780 (Northeast)
148 N. Topping Ave.
Kansas City, MO 64123
*Must call to set up appointment
*Spanish-speaking providers available
Sliding scale depending on income.

Jewish Family Services of Greater Kansas City
9233 Ward Parkway, Suite 125
Kansas City, MO 64114
816.333.1172
*Do not have to be Jewish to utilize services
*Will work with clients regardless of ability to pay

Helpline Numbers
Mental Health Crisis Line 1-888-279-8188
National Suicide Prevention 1-800-784-2433
Crisis Text Line
Text “Start” to 741-741

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